

Maryland Fish Consumption Advisories

for Recreationally Caught Fish in Harford County, MD

Guidelines for Recreationally Caught Fish Species in Maryland Fresh, Estuarine, and Marine Waters

Recommended Meal Size: 8 oz or 9 crabs - General Population and Women; 3 oz or 4 crabs - Children

Note: Consumption recommendations based on spacing of meals to avoid elevated exposure levels

1 **Women** = women of childbearing age (women who are pregnant or may become pregnant, or are nursing)

2 **Children** = all young children up to age 6

♥ = Fish contains more than 1g beneficial fatty acids in a fillet the size of 2 decks of cards

✘ = Fish where all dark meat and/or Belly Fat has been removed

Contaminant present in fish: * Mercury Δ PCBs + Pesticides

Species	Waterbody	Recommended Meals/Month		
		General Population	Women ¹	Children ²
American Eel	Bush Δ	4	4	4
	Bynum Run *	1 every other month	1 every other month	1 every other month
	Susquehanna River - Below Conowingo Dam Δ	Avoid	Avoid	Avoid
Blue Crab	Back River, Middle River or Patapsco River including Baltimore Harbor Δ	6	6	5
	Chesapeake Bay and Tributaries Δ	No Limit	No Limit	No Limit
Blue Crab "Mustard"	Back River, Middle River or Patapsco River including Baltimore Harbor Δ	Avoid	Avoid	Avoid
	Chesapeake Bay and Tributaries Δ	Eat Sparingly	Eat Sparingly	Eat Sparingly
Brown Bullhead	Bush Δ	1	1	1
	Gunpowder River Δ	4	4	3
	Mid Bay: Middle to Patapsco Δ	5	5	5
	Susquehanna River - Below Conowingo Dam Δ	1	1	1 every other month
Channel Catfish	Bush Δ	1	1	1
	Gunpowder River Δ	1 every other month	1 every other month	Avoid
	Susquehanna River - Above Conowingo Dam Δ	1	1	1
	Susquehanna River - Below Conowingo Dam Δ	Avoid	Avoid	Avoid
Common Carp	Gunpowder River Δ	2	2	2

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		General Population	Women ¹	Children ²		
Flathead Catfish	Susquehanna River - Above Conowingo Dam - All Meat	All sizes Δ	1	1	1	
	Susquehanna River - Above Conowingo Dam - (No Dark Meat or Belly Fat)	< 22" * ✘ 22" - 28" * ✘ > 28" * ✘	No Limit 7 7	No Limit 6 6	6 3 4	
	Susquehanna River - Below Conowingo Dam - All Meat	All sizes Δ	1	1	1	
	Susquehanna River - Below Conowingo Dam - (No Dark Meat or Belly Fat)	< 22" * ✘ 22" - 28" * ✘ > 28" * ✘	No Limit 7 7	No Limit 6 6	6 3 4	
	Large and Smallmouth Bass ♥	Bush	Δ	6	6	5
		Gunpowder River	Δ	2	2	2
Susquehanna River - Above Conowingo Dam		Δ	2	2	2	
Susquehanna River - Below Conowingo Dam		Δ	No Limit	No Limit	7	
Rainbow Trout and Golden Rainbow Trout (Hatchery Raised)	All Hatchery Raised fish stocked in Anne Arundel County, Baltimore City, Baltimore County, Calvert County, Carroll County, Caroline County, Cecil County, Charles County, Frederick County, Harford County, Howard County, Queen Anne's County, Montgomery County, Prince George's County, Washington County, Wicomico County, and Worcester County	Δ	No Limit	No Limit	No Limit	
**For more information on put-and-take fish see https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas **For more information on Special Management Areas-Trout see https://www.eregulations.com/maryland/fishing/special-management-areas-trout						
Spot ♥	Bush	Δ	5	5	4	
	Chesapeake Bay and Tributaries	Δ	5	5	4	
	Mid Bay: Middle to Patapsco	Δ	5	5	4	

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			General Population	Women ¹	Children ²
Striped Bass (Rockfish) ♥	Chesapeake Bay and Tributaries	< 28" Δ ✘	No Limit	No Limit	7
		< 28" Δ	3	3	2
		> 28" Δ ✘	No Limit	No Limit	5
		> 28" Δ	1	1	1 every other month
Sunfish (including Bluegill)	Bush	Δ	6	6	6
	Bynum Run	*	No Limit	No Limit	No Limit
	Gunpowder River	Δ	2	2	1
	Susquehanna River - Above Conowingo Dam	Δ	6	6	5
White Perch	Bush	Δ	8	7	4
	Gunpowder River	Δ	3	3	3
	Mid Bay: Middle to Patapsco	Δ	1	1	1
White Sucker	Gunpowder River	Δ	No Limit	No Limit	No Limit
Yellow Perch	Bush	Δ	2	2	1
	Gunpowder River	Δ	1	1	1
	Susquehanna River - Below Conowingo Dam	Δ	No Limit	No Limit	No Limit