

Maryland Fish Consumption Advisories

for Recreationally Caught Fish in Prince George's County, MD

Guidelines for Recreationally Caught Fish Species in Maryland Fresh, Estuarine, and Marine Waters

Recommended Meal Size: 8 oz or 9 crabs - General Population and Women; 3 oz or 4 crabs - Children

Note: Consumption recommendations based on spacing of meals to avoid elevated exposure levels

1 **Women** = women of childbearing age (women who are pregnant or may become pregnant, or are nursing)

2 **Children** = all young children up to age 6

♥ = Fish contains more than 1g beneficial fatty acids in a fillet the size of 2 decks of cards

✘ = Fish where all dark meat and/or Belly Fat has been removed

Contaminant present in fish: * Mercury Δ PCBs + Pesticides ◇ PFAS/PFOS

Species	Waterbody		Recommended Meals/Month			
			General Population	Women ¹	Children ²	
American Eel	Anacostia River	Δ	1	1	1 every other month	
	Patuxent River	Δ	3	3	3	
	Potomac - 301 Bridge to DC Line	Δ	1 every other month	1 every other month	1 every other month	
Black Crappie	Cash Lake	*	4	3	2	
	Lake Artemesia	*	6	6	5	
	Rocky Gorge Reservoir	*	5	4	2	
Blue Catfish	Anacostia	Δ	Avoid	Avoid	Avoid	
	Anacostia (No Dark Meat or Belly Fat)	Δ ✘	Avoid	Avoid	Avoid	
	Potomac - 301 Bridge to DC Line	12" - 15"	Δ	4	4	4
		15" - 24"	Δ	4	3	2
	24" - 30"	Δ	1	1	1 every other month	
	> 30"	Δ	Avoid	Avoid	Avoid	
	> 30"	Δ ✘	2	2	1	
Patuxent River	15" - 24"	Δ	No Limit	No Limit	6	
Blue Crab	Chesapeake Bay and Tributaries	Δ	No Limit	No Limit	No Limit	
Blue Crab "Mustard"	Chesapeake Bay and Tributaries	Δ	Eat Sparingly	Eat Sparingly	Eat Sparingly	
Brown Bullhead	Anacostia	Δ	5	5	4	
Channel Catfish	Anacostia	Δ	Avoid	Avoid	Avoid	
	Patuxent River	Δ	2	2	1	
	Potomac - 301 Bridge to DC Line	< 18"	Δ	1 every other month	1 every other month	Avoid
		> 18"	Δ	Avoid	Avoid	Avoid
Common Carp	Anacostia	Δ	Avoid	Avoid	Avoid	
	Potomac - 301 Bridge to DC Line	Δ	Avoid	Avoid	Avoid	

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Species	Waterbody		Recommended Meals/Month			
			General Population	Women ¹	Children ²	
Large and Smallmouth Bass ♥	Anacostia	Δ	4	4	3	
	Cash Lake	*	3	2	1	
	Greenbelt Lake	*	No Limit	8	5	
	Lake Artemesia	*	5	4	2	
	Patuxent River	Δ	No Limit	No Limit	No Limit	
	Potomac River - 301 Bridge to DC Line	Δ	6	6	5	
	Tidal headwaters of Piscataway Creek	◇	3	3	2	
	Rocky Gorge Reservoir	*	3	3	2	
Northern Snakehead	Anacostia	Δ	3	3	1	
	Potomac - 301 Bridge to DC Line	Δ	3	3	3	
	Patuxent River	Δ	5	5	4	
Rainbow Trout and Golden Rainbow Trout (Hatchery Raised)	All Hatchery Raised fish stocked in Anne Arundel County, Baltimore City, Baltimore County, Calvert County, Carroll County, Caroline County, Cecil County, Charles County, Frederick County, Harford County, Howard County, Queen Anne's County, Montgomery County, Prince George's County, Washington County, Wicomico County, and Worcester County		Δ	No Limit	No Limit	No Limit
**For more information on put-and-take fish see https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas **For more information on Special Management Areas-Trout see https://www.eregulations.com/maryland/fishing/special-management-areas-trout						
Spot ♥	Anacostia	Δ	7	7	5 *	
Sunfish (including Bluegill)	Cash Lake	*	8	7	4	
	Lake Artemesia	*	No Limit	No Limit	No Limit	
	Keys Community Park Pond	*	No Limit	No Limit	No Limit	
	Non-Tidal Piscataway Creek	◇	1	1	1	
	Patuxent River	Δ	No Limit	No Limit	7	
	Potomac - 301 Bridge to DC Line	Δ	2	2	2	
	Rocky Gorge Reservoir	*	No Limit	No Limit	No Limit	
White Catfish	Potomac - 301 Bridge to DC Line	Δ	Avoid	Avoid	Avoid	

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Species	Waterbody	Recommended Meals/Month		
		General Population	Women ¹	Children ²
White Perch	Patuxent River Δ	No Limit	No Limit	No Limit
	Potomac - 301 Bridge to DC Line Δ	8	7	4
Yellow Bullhead	Patuxent River Δ	5	5	4
	Non-Tidal Piscataway Creek ◇	No Limit	No Limit	7