## Maryland Fish Consumption Advisories

## for Recreationally Caught Fish in Prince George's County, MD

Guidelines for Recreationally Caught Fish Species in Maryland Fresh, Estuarine, and Marine Waters

#### Recommended Meal Size: 8 oz or 9 crabs - General Population and Women; 3 oz or 4 crabs - Children

Note: Consumption recommendations based on spacing of meals to avoid elevated exposure levels

- 1 Women = women of childbearing age (women who are pregnant or may become pregnant, or are nursing)
- 2 **Children** = all young children up to age 6
- ♥ = Fish contains more than 1g beneficial fatty acids in a fillet the size of 2 decks of cards
- **≭** = Fish where all dark meat and/or Belly Fat has been removed

Contaminant present in fish: \* Mercury △ PCBs + Pesticides ◇ PFAS/PFOS

-	·			Recommended Meals/Month			
				General			
Species	Waterbody			Population	Women 1	Children <sup>2</sup>	
						1 every other	
American Eel	Anacostia River		Δ	1	1	month	
	Patuxent River		Δ	3	3	3	
				1 every other	1 every other	1 every other	
	Potomac - 301 Bridge to DC Line Δ		month	month	month		
Black Crappie	Cash Lake		*	4	3	2	
	Lake Artemesia		*	6	6	5	
	Rocky Gorge Reservoir		*	5	4	2	
	Anacostia		Δ	Avoid	Avoid	Avoid	
	Anacostia (No Dark Meat or Bell		Δ 🗶	Avoid	Avoid	Avoid	
	Potomac - 301 Bridge to DC Line	12" - 15"	Δ	4	4	4	
		15" - 24"	Δ	4	3	2	
Blue Catfish						1 every other	
		24" - 30"	Δ	1	1	month	
		> 30"	Δ	Avoid	Avoid	Avoid	
		> 30"	Δ 🗶	2	2	1	
	Patuxent River	15" - 24"	Δ	No Limit	No Limit	6	
Blue Crab	Chesapeake Bay and Tributari	ies	Δ	No Limit	No Limit	No Limit	
Blue Crab							
"Mustard"	Chesapeake Bay and Tributari	ies			Eat Sparingly		
Brown Bullhead	Anacostia		Δ	5	5	4	
_	Anacostia		Δ	Avoid	Avoid	Avoid	
Channel Catfish	Patuxent River		Δ	2	2	1	
	Potomac - 301 Bridge to DC Line			1 every other			
		< 18"	Δ		month	Avoid	
		> 18"	Δ	Avoid	Avoid	Avoid	
Common Carp	Anacostia		Δ	Avoid	Avoid	Avoid	
Common Carp	Potomac - 301 Bridge to DC L	ine	Δ	Avoid	Avoid	Avoid	

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- 1 **Women** = women of childbearing age (women who are pregnant or may become pregnant, or are nursing)
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- ♥ = Fish contains more than 1g beneficial fatty acids in a fillet the size of 2 decks of cards
- **★** = Fish where all dark meat and/or Belly Fat has been removed

Species         Waterbody         Recommended Meals/Month General Population         Moment Population         Children 2           Large and Smallmouth Bass Famallmouth Bass	Contaminant present in fish:   * Mercury    △ PCBs + Pesticides    ◇ PFAS/PFOS								
Species         Waterbody         Population         Women ¹         Children ²           Large and Smallmouth Bass ▼         Cash Lake         * 3         2         1           Smallmouth Bass ▼         Lake Artemesia         * No Limit         No Limit         No Limit           Potomac River - 301 Bridge to DC Line         Δ         No Limit         No Limit         No Limit           Potomac River - 301 Bridge to DC Line         Δ         3         3         2           Rocky Gorge Reservoir         * 3         3         2           Northern Snakehead         Anacostia         Δ         3         3         1           Patuxent River         Δ         3         3         3         2           All Hatchery Raised Fish stocked in Anne Arundel County, Baltimore City, Baltimore County, Carloline County, Prince George's County, Montgomery County, Prince George's County, Grace All Analysis and Worester County         A No Limit         No Limit <td></td> <td></td> <td></td> <td colspan="4">Recommended Meals/Month</td>				Recommended Meals/Month					
Large and Smallmouth Bass				General					
Large and Smallmouth Bass   Greenbelt Lake   * No Limit   8   5	Species	Waterbody		Population	Women 1	Children <sup>2</sup>			
Large and Smallmouth Bass    Comparison of Potomac River - 301 Bridge to DC Line	_	Anacostia	Δ	4	4	3			
Lake Artemesia		Cash Lake	*	3	2	1			
Smallmouth Bass    Patuxent River		Greenbelt Lake	*	No Limit	8	5			
Pattixent River		Lake Artemesia	*	5	4	2			
Tidal headwaters of Piscataway Creek		Patuxent River	Δ	No Limit	No Limit	No Limit			
Rocky Gorge Reservoir	•	Potomac River - 301 Bridge to DC Line	Δ	6	6	5			
Northern   Snakehead   Potomac - 301 Bridge to DC Line   Δ   3   3   3   3     Patuxent River   Δ   5   5   4     All Hatchery Raised fish stocked in Anne Arundel County, Baltimore City, Baltimore County, Carloline County, Carloline County, Carloline County, Carloline County, Harford County, Charles County, Frederick County, Harford County, Howard County, Prince George's County, Washington County, Wicomico County, County, Washington County, Wicomico County, and Worcester County   *For more information on put-and-take fish see https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas **For more information on Special Management Areas-Trout see https://www.eregulations.com/maryland/fishing/special-management-areas-trout    Spot ▼		Tidal headwaters of Piscataway Creek	<b>◊</b>	3	3	2			
Snakehead       Potomac - 301 Bridge to DC Line       Δ       3       3       3         Patuxent River       Δ       5       5       4         All Hatchery Raised fish stocked in Anne Arundel County, Baltimore City, Baltimore County, Carloll County, Carloll County, Carloll County, Crecil County, Charles County, Frederick County, Harford County, Howard County, Prince George's County, Montgomery County, Prince George's County, Washington County, Wicomico County, and Worcester County       Δ       No Limit		Rocky Gorge Reservoir	*	3	3	2			
Snakehead       Potomac - 301 Bridge to DC Line       Δ       3       3       3         Patuxent River       Δ       5       5       4         All Hatchery Raised fish stocked in Anne Arundel County, Baltimore City, Baltimore County, Carloll County, Carloll County, Carloll County, Crecil County, Charles County, Frederick County, Harford County, Howard County, Prince George's County, Montgomery County, Prince George's County, Washington County, Wicomico County, and Worcester County       Δ       No Limit									
Patuxent River	Northern	Anacostia	Δ	3	3	1			
All Hatchery Raised fish stocked in Anne Arundel County, Baltimore City, Baltimore County, Calvert County, Carroll County, Caroline County, Cecil County, Charles County, Frederick County, Harford County, Howard County, Queen Anne's County, Montgomery County, Prince George's County, Washington County, Wicomico County, and Worcester County  **For more information on put-and-take fish see https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas **For more information on Special Management Areas-Trout see https://www.eregulations.com/maryland/fishing/special-management-areas-trout  Spot ▼ Anacostia	Snakehead	Potomac - 301 Bridge to DC Line	Δ	3	3	3			
Rainbow Trout and Golden Rainbow Trout (Hatchery Raised)  *For more information on put-and-take fish see https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas*  **For more information on Special Management Areas-Trout see https://www.eregulations.com/maryland/fishing/special-management-areas-trout  Spot ▼ Anacostia Δ 7 7 7 5 *  Cash Lake * 8 7 4  Lake Artemesia * No Limit No Lim		Patuxent River	Δ	5	5	4			
Rainbow Trout and Golden Rainbow Trout (Hatchery Raised)  *For more information on put-and-take fish see https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas*  *For more information on Special Management Areas-Trout see https://www.eregulations.com/maryland/fishing/special-management-areas-trout  Spot ▼ Anacostia Δ 7 7 7 5 *  Cash Lake * 8 7 4  Lake Artemesia * No Limit No Limi		All Hatchery Raised fish stocked in Anne Arundel							
Rainbow Trout and Golden Rainbow Trout (Hatchery Raised)  *For more information on put-and-take fish see <a href="https://www.eregulations.com/maryland/fishing/special-management-areas-trout">https://www.eregulations.com/maryland/fishing/special-management-areas-trout</a> **For more information on Special Management Areas-Trout see <a href="https://www.eregulations.com/maryland/fishing/special-management-areas-trout">https://www.eregulations.com/maryland/fishing/special-management-areas-trout</a> Spot ▼  Anacostia  A  Cash Lake  * 8  7  4  Lake Artemesia  * No Limit  **No Limit  **No Limit  **No Limit  **No Limit  No Limit  No Limit  No Limit  **No Limit  **No Limit  **No Limit  **No Limit  **No Limit  **Potomac - 301 Bridge to DC Line  A  **No Limit  **No Lim		County, Baltimore City, Baltimore County,							
Rainbow Trout and Golden Rainbow Trout (Hatchery Raised)  *For more information on put-and-take fish see https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas*  *For more information on Special Management Areas-Trout see https://www.eregulations.com/maryland/fishing/special-management-areas-trout  Spot ▼ Anacostia Δ 7 7 5 *  Cash Lake * 8 7 4  Lake Artemesia * No Limit		Calvert County, Carroll County, Caroline County,							
Rainbow Trout and Golden Rainbow Trout (Hatchery Raised)  *For more information on put-and-take fish see https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas **For more information on Special Management Areas-Trout see https://www.eregulations.com/maryland/fishing/special-management-areas-trout  Spot ▼ Anacostia		Cecil County, Charles County, Frederick County,							
and Golden Rainbow Trout (Hatchery Raised)  **For more information on put-and-take fish see https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas **For more information on Special Management Areas-Trout see https://www.eregulations.com/maryland/fishing/special-management-areas-trout  Spot ▼ Anacostia Δ 7 7 7 5 *  Cash Lake * 8 7 4  Lake Artemesia * No Limit No Limit No Limit No Limit (including Bluegill)  Patuxent River Δ No Limit No Limit 7  Potomac - 301 Bridge to DC Line Δ 2 2 2  Rocky Gorge Reservoir * No Limit No Limit No Limit No Limit	Dainhann Tuant	Harford County, Howard County, Queen Anne's							
Rainbow Trout (Hatchery Raised)  **For more information on put-and-take fish see https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas  **For more information on Special Management Areas-Trout see https://www.eregulations.com/maryland/fishing/special-management-areas-trout  Spot ▼ Anacostia Δ 7 7 7 5*  Cash Lake * 8 7 4  Lake Artemesia * No Limit No Limit No Limit  Sunfish (including Bluegill)  Patuxent River Δ No Limit No Limit  Potomac - 301 Bridge to DC Line Δ 2 2 2  Rocky Gorge Reservoir * No Limit No Limit No Limit  No Limit No Limit  No Limit No Limit  No Limit No Limit  No Limit No Limit  No Limit No Limit  No Limit No Limit  No Limit No Limit  No Limit No Limit  No Limit No Limit  No Limit No Limit  No Limit No Limit		County, Montgomery County, Prince George's							
(Hatchery Raised)  **For more information on put-and-take fish see https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas  **For more information on Special Management Areas-Trout see https://www.eregulations.com/maryland/fishing/special-management-areas-trout  Spot ▼ Anacostia		County, Washington County, Wicomico County,							
**For more information on put-and-take fish see https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas **For more information on Special Management Areas-Trout see https://www.eregulations.com/maryland/fishing/special-management-areas-trout  Spot ♥ Anacostia		and Worcester County	Δ	No Limit	No Limit	No Limit			
https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas         **For more information on Special Management Areas-Trout see         https://www.eregulations.com/maryland/fishing/special-management-areas-trout         Spot ♥       Anacostia       Δ       7       7       5 *         Cash Lake       *       8       7       4         Lake Artemesia       *       No Limit       No Limit       No Limit         Sunfish (including Bluegill)       Non-Tidal Piscataway Creek       Φ       1       1       1         Patuxent River       Δ       No Limit       No Limit       7         Potomac - 301 Bridge to DC Line       Δ       2       2       2         Rocky Gorge Reservoir       *       No Limit       No Limit       No Limit	(Hatchery Raised)	**For more information on nut-and-take fish see							
**For more information on Special Management Areas-Trout see https://www.eregulations.com/maryland/fishing/special-management-areas-trout  Spot ♥ Anacostia	https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas								
https://www.eregulations.com/maryland/fishing/special-management-areas-trout         Spot ♥       Anacostia       Δ       7       7       5 *         Cash Lake       *       8       7       4         Lake Artemesia       *       No Limit       No Limit       No Limit         Sunfish (including Bluegill)       Non-Tidal Piscataway Creek       ◊       1       1       1         Patuxent River       Δ       No Limit       No Limit       7         Potomac - 301 Bridge to DC Line       Δ       2       2       2         Rocky Gorge Reservoir       *       No Limit       No Limit       No Limit									
Spot ♥AnacostiaΔ775 *Cash Lake* Cash Lake* No LimitNo LimitNo LimitNo LimitNo LimitNo LimitNo LimitNo LimitNo LimitSunfishKeys Community Park Pond* No LimitNo LimitNo LimitNo LimitNo LimitSunfishKeys Community Park Pond* No LimitNo LimitNo LimitNo LimitSunfishNo LimitNo LimitNo LimitNo LimitNo LimitNo LimitNo LimitNo Limit									
Thiteestat         Cash Lake       *       8       7       4         Lake Artemesia       *       No Limit       No Limit       No Limit         Sunfish       Keys Community Park Pond       *       No Limit       No Limit       No Limit         (including       Non-Tidal Piscataway Creek       Φ       1       1       1         Bluegill)       Patuxent River       Δ       No Limit       No Limit       7         Potomac - 301 Bridge to DC Line       Δ       2       2       2         Rocky Gorge Reservoir       *       No Limit       No Limit       No Limit									
Lake Artemesia* No LimitNo LimitNo LimitSunfish (including Bluegill)Keys Community Park Pond Non-Tidal Piscataway Creek* No Limit ↑ No LimitNo Limit ↑ No LimitNo LimitPatuxent River Potomac - 301 Bridge to DC Line Rocky Gorge Reservoir↑ No LimitNo LimitNo Limit	Spot ♥	Anacostia	Δ	7	7	5 *			
$\begin{array}{c ccccccccccccccccccccccccccccccccccc$		Cash Lake	*	ŭ.	7	4			
(including Bluegill)       Non-Tidal Piscataway Creek       ◊       1       1       1         Patuxent River       Δ       No Limit       No Limit       7         Potomac - 301 Bridge to DC Line       Δ       2       2       2         Rocky Gorge Reservoir       *       No Limit       No Limit       No Limit		Lake Artemesia	*	No Limit	No Limit	No Limit			
Bluegill)       Patuxent River       Δ       No Limit       No Limit       7         Potomac - 301 Bridge to DC Line       Δ       2       2       2         Rocky Gorge Reservoir       *       No Limit       No Limit       No Limit	Sunfish	Keys Community Park Pond	*	No Limit	No Limit	No Limit			
Potomac - 301 Bridge to DC Line Δ 2 2 2  Rocky Gorge Reservoir * No Limit No Limit No Limit	(including	Non-Tidal Piscataway Creek	<b>◊</b>	1	1	1			
Rocky Gorge Reservoir * No Limit No Limit No Limit	Bluegill)	Patuxent River	Δ	No Limit	No Limit	7			
, 5		Potomac - 301 Bridge to DC Line	Δ						
White Catfish Potomac - 301 Bridge to DC Line \( \Delta \) Avoid Avoid Avoid		Rocky Gorge Reservoir	*	No Limit	No Limit	No Limit			
	White Catfish	Potomac - 301 Bridge to DC Line	Δ	Avoid	Avoid	Avoid			

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Contaminant present in fish: \* Mercury △ PCBs + Pesticides ◇ PFAS/PFOS

			Recommended Meals/Month		
			General	1	2
Species	Waterbody		Population	Women 1	Children <sup>2</sup>
	Patuxent River	Δ	No Limit	No Limit	No Limit
White Perch					
	Potomac - 301 Bridge to DC Line	Δ	8	7	4
Yellow Bullhead	Patuxent River	Δ	5	5	4
	Non-Tidal Piscataway Creek	<b>◊</b>	No Limit	No Limit	7