

# Maryland Fish Consumption Advisories

## for Recreationally Caught Fish in Queen Anne's County, MD

*Guidelines for Recreationally Caught Fish Species in Maryland Fresh, Estuarine, and Marine Waters*

**Recommended Meal Size: 8 oz or 9 crabs - General Population and Women; 3 oz or 4 crabs - Children**

Note: Consumption recommendations based on spacing of meals to avoid elevated exposure levels

1 **Women** = women of childbearing age (women who are pregnant or may become pregnant, or are nursing)

2 **Children** = all young children up to age 6

♥ = Fish contains more than 1g beneficial fatty acids in a fillet the size of 2 decks of cards

✕ = Fish where all dark meat and/or Belly Fat has been removed

Contaminant present in fish: \* Mercury Δ PCBs + Pesticides

Species	Waterbody		Recommended Meals/Month		
			General Population	Women <sup>1</sup>	Children <sup>2</sup>
American Eel	Elk River	Δ	Avoid	Avoid	Avoid
Blue Crab	Chesapeake Bay and Tributaries	Δ	No Limit	No Limit	No Limit
Blue Crab "Mustard"	Chesapeake Bay and Tributaries	Δ	Eat Sparingly	Eat Sparingly	Eat Sparingly
Brown Bullhead	Chester River	Δ	No Limit	No Limit	8
	Elk River	Δ	2	2	2
Channel Catfish	Chester River < 20"	Δ	6	5	3
	Chester River > 20"	Δ	1	1	1
	Elk River	Δ	2	2	1 every other month
	Sassafras River	Δ	2	2	1
Large and Smallmouth Bass ♥	Unicorn Lake	*	No Limit	No Limit	5
	Wye Mills Community Lake	*	No Limit	No Limit	8
Rainbow Trout and Golden Rainbow Trout (Hatchery Raised)	All Hatchery Raised fish stocked in Anne Arundel County, Baltimore City, Baltimore County, Calvert County, Carroll County, Caroline County, Cecil County, Charles County, Frederick County, Harford County, Howard County, Queen Anne's County, Montgomery County, Prince George's County, Washington County, Wicomico County, and Worcester County	Δ	No Limit	No Limit	No Limit
**For more information on put-and-take fish see <a href="https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas">https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas</a> **For more information on Special Management Areas-Trout see <a href="https://www.eregulations.com/maryland/fishing/special-management-areas-trout">https://www.eregulations.com/maryland/fishing/special-management-areas-trout</a>					
Spot ♥	Chesapeake Bay and Tributaries	Δ	5	5	4
	Chester River	Δ	5	5	4
	Eastern Bay: Miles & Wye River	Δ	5	5	4
	Elk River	Δ	5	5	4

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			General Population	Women <sup>1</sup>	Children <sup>2</sup>
Striped Bass (Rockfish) ♥	Chesapeake Bay and Tributaries	< 28" Δ ✘	No Limit	No Limit	7
		< 28" Δ	3	3	2
		> 28" Δ ✘	No Limit	No Limit	5
		> 28" Δ	1	1	1 every other month
White Catfish	Chester River	Δ	8	7	4
White Perch	Chester River	Δ	No Limit	No Limit	No Limit
	Eastern Bay: Miles & Wye River	Δ	No Limit	No Limit	8
	Elk River	Δ	No Limit	8	5
Yellow Perch	Chester River	Δ	No Limit	No Limit	No Limit